

**Western Uusimaa Wellbeing
Services County**

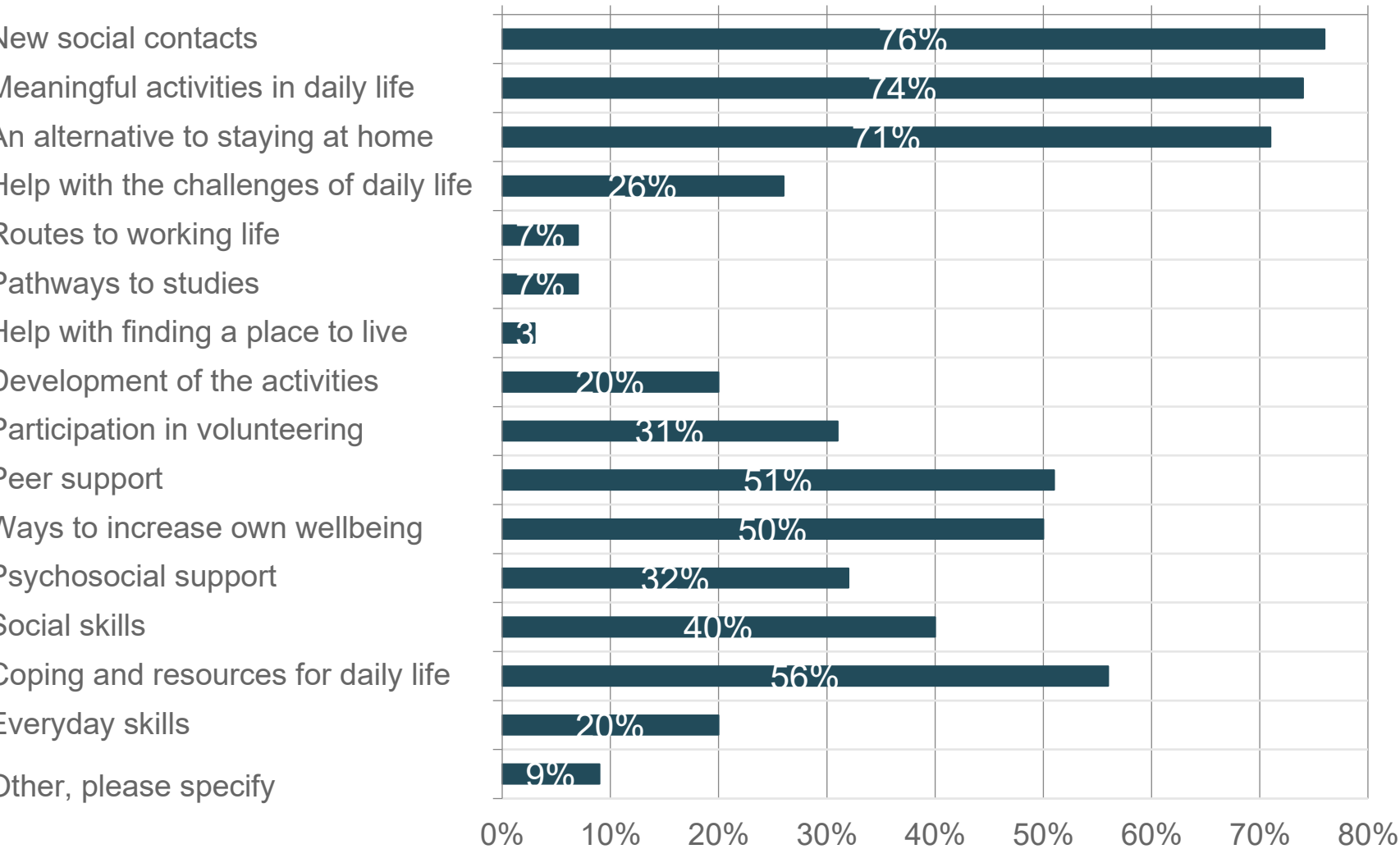
Meeting place activities Survey results 2025 n=444

Promotion of Wellbeing and Health



What does participation in the activities give you?

Number of respondents: 439, number of answers selected: 2,515

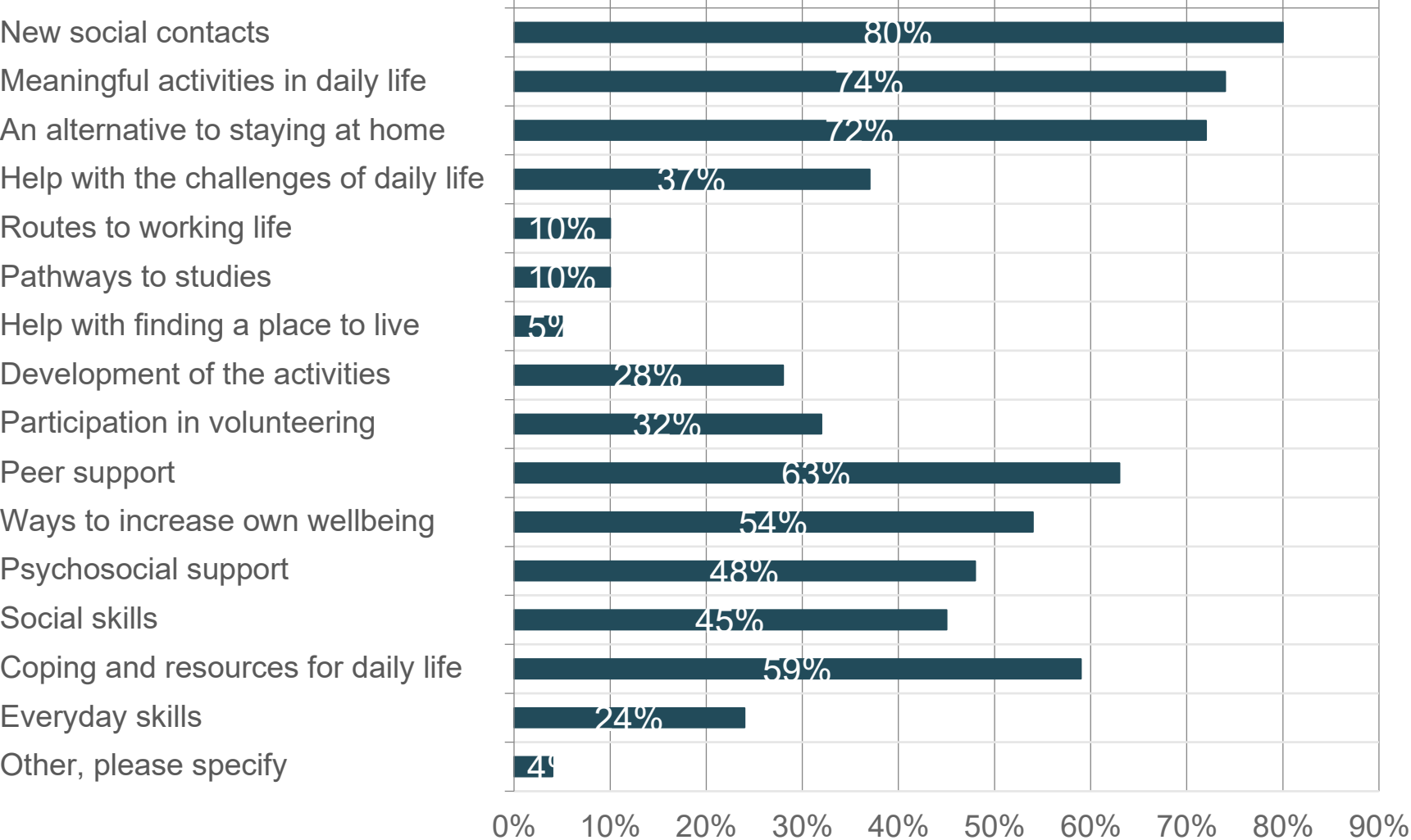


Other, please specify:
Wellbeing, peace of mind (for example, experiences in nature and a safe place to go to), community spirit and social relationships, hobbies and something to do, food, information and concrete help.

Summary made using artificial intelligence

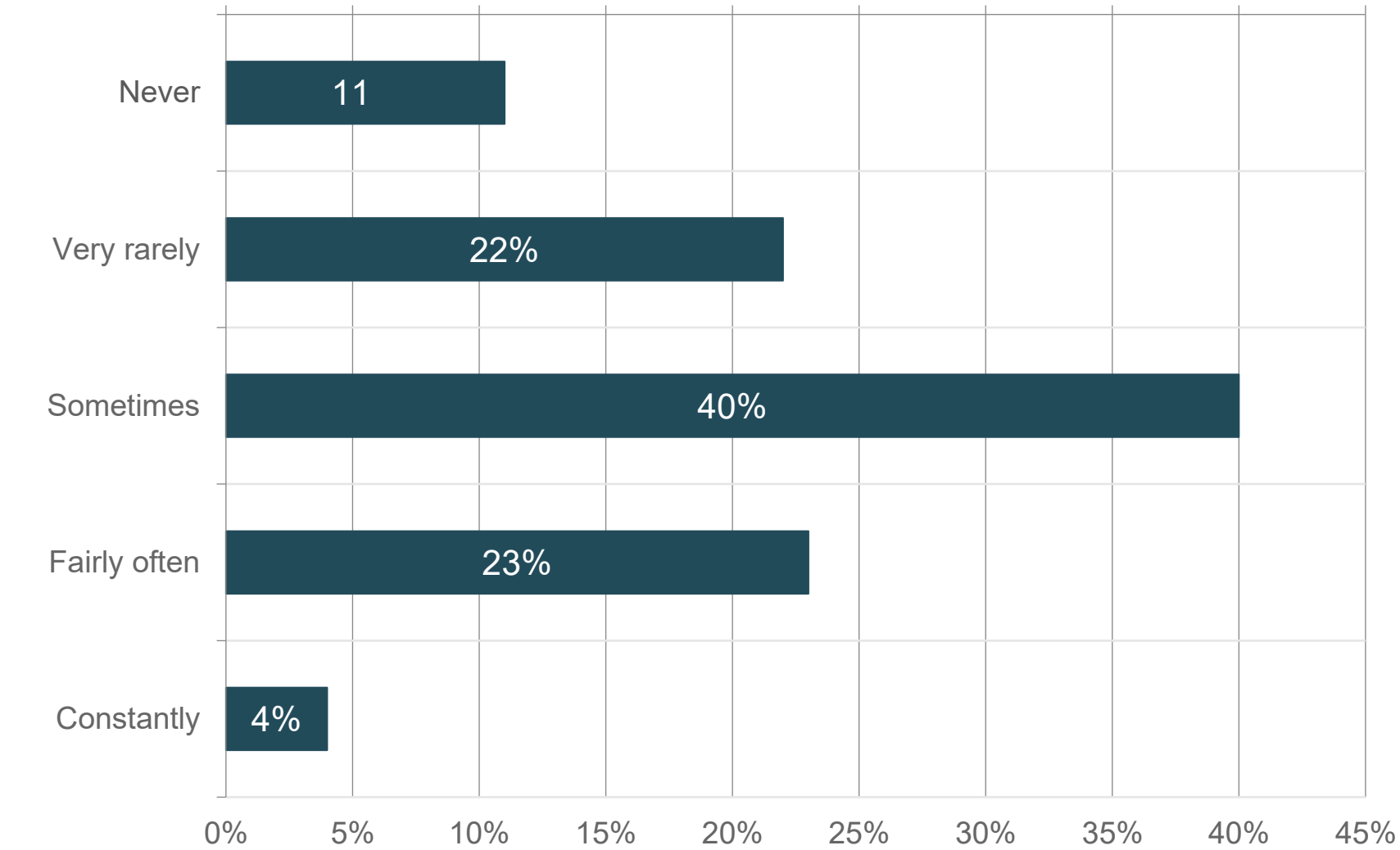
The results were very similar to those in 2024: What does participation in the activities give you?

Number of respondents: 411, number of answers selected: 2,650



Assess your experience of loneliness: Do you feel lonely?

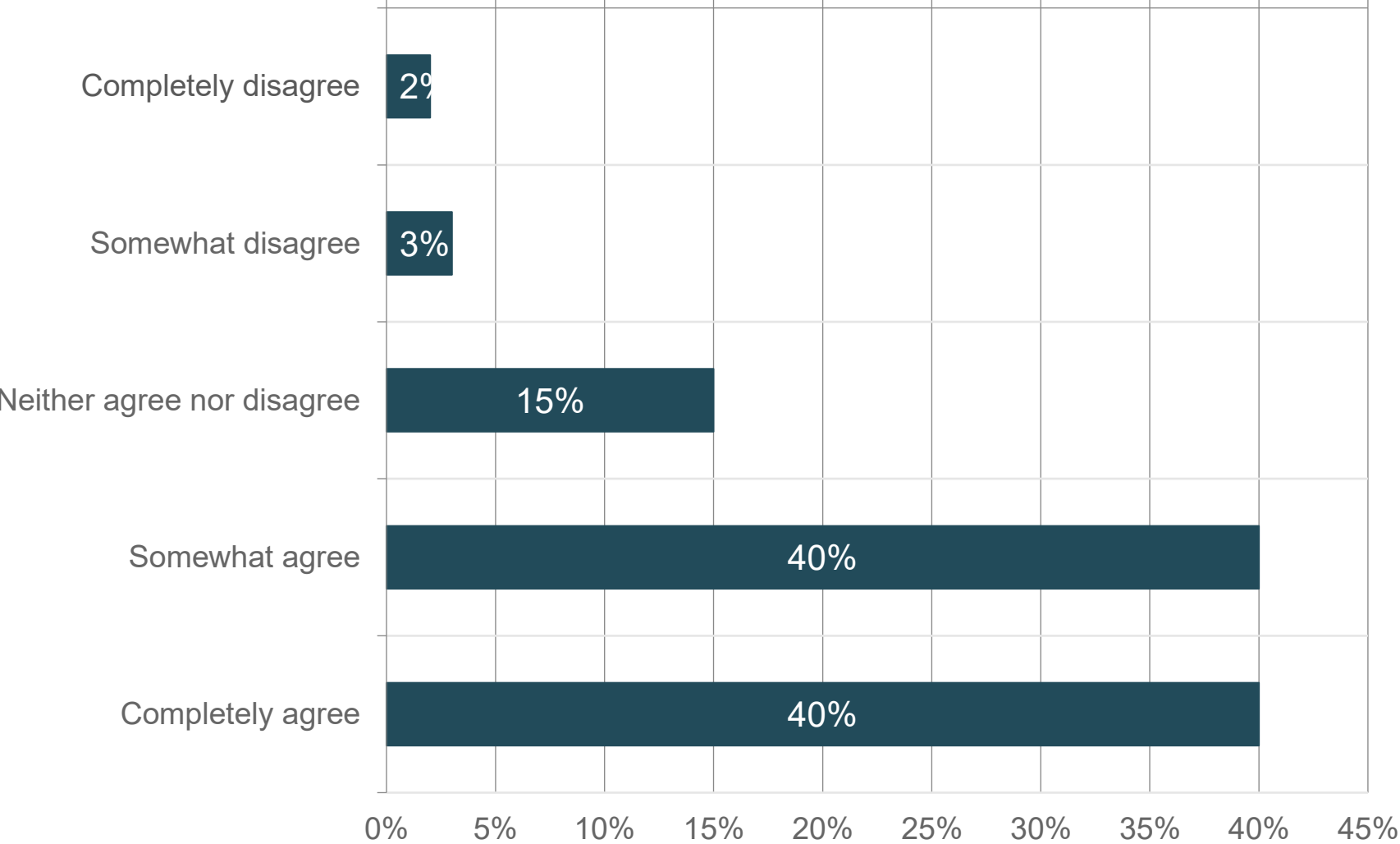
Number of respondents: 425



	n	Percent
Never	45	10.6%
Very rarely	94	22.1%
Sometimes	170	40.0%
Fairly often	98	23.1%
Constantly	18	4.2%

Statement: Participating in the activities/ going to the meeting place concerned has reduced my loneliness

Number of respondents: 417



	n	Percent
Completely disagree	10	2.4%
Somewhat disagree	11	2.6%
Neither agree nor disagree	61	14.6%
Somewhat agree	168	40.3%
Completely agree	167	40.1%