

## Eye infection

- Conjunctivitis is common in children.
- Conjunctivitis is caused by bacteria or a virus. It can also be an allergic reaction.
- Symptoms of conjunctivitis:
  - Redness of the eye
  - Itchiness or a sensation of sand in the eye
  - Wet or watery discharge.
- A Mild inflammation often heals without medical treatment.
- The condition is contagious and spreads easily through hands, especially when a child rubs their eyes and touches toys and surfaces.

### Prevention measures:

- Wash hands with water and soap when arriving at and leaving daycare.
- Wash your toys before bringing them to daycare and after taking them home.

### *Treatment of conjunctivitis*

- Clean the eye discharge daily with warm water and, for example, a clean cotton pad. Wash hands with water and soap after cleaning the eyes and applying eye drops.
- Contact healthcare if the discharge or irritation is severe or symptoms persist.
- The child can attend daycare according to how he/she is feeling.
- Seek treatment immediately if there is:
  - Severe pain in the eye
  - Sensitivity to light
  - Vision changes
  - Unequal pupil sizes
  - Swelling around the eye
  - Or if there is a decline in general well-being.